

# Chirnside Primary School

Chirnside, Duns, Berwickshire, Scottish Borders, TD11 3XH

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## Upcoming Events

02.03.15 to 20.03.2015 "The Big Pedal" school journey challenge

05.03.15 World Book Day

06.03.2015 P6 Fair Trade Assembly at 9.15am

07.03.2015 – 08.03.2015 Dunbar Science Festival – Dunbar Primary School

12.03.15 SSPCA Workshops for P1-P7 classes

15.03.15 Zumbatonic for P1-P4 begins. More details to follow.

17.03.15 Dental Inspections P1 and P7

18.03.15 Borders Burns Finals – Hawick

19.03.15 Parent Council meeting at 7.30pm in the school

26.03.15 Borders Primary XC Finals – Gala

26.03.15 Berwickshire Dance Festival, Volunteer Hall, Duns

30.03.15 / 31.03.15 / 01.04.15 Parents Evenings (17.00-19.00)

31.03.15 P7 at Maltings Gallery, Berwick

02.04.15 Final day of term: Church Service 10.30am

20.04.15 School reopens

25.04.15 "What Do You See?" photography exhibition in school 10am-12noon.

WORLD  
**BOOK  
DAY**  
5 MARCH 2015

Dear Parents and Carers,

The BIGGEST, HAPPIEST, BOOKIEST celebration of books and reading is back, BIGGER and BETTER than ever! Today is World Book Day (Thursday 5<sup>th</sup> March)!!

Together, we can help children to develop a love of books and reading: reading to or with your child for just 10 minutes a day can make a huge difference to their future.

Children's literature and books play a fundamental role in developing children's academic engagement, development and life chances, providing the framework and stimulus through which to deepen their understanding of themselves and the world around them, through empathising with characters and situations in high quality stories.

As a school, we are organising various activities in classes to celebrate the joy of reading with pupils. There is a £1 book token for all pupils accompanying this newsletter.

Further information on WBD15 for parents can be found at <http://worldbookday.com/>. Share a book with your child and make it part of your daily routine!

Kind regards,

*Nicholas Trussler*

Nick Trussler - Head Teacher

## ***The Big Pedal 2015: 2nd March to 20th March***

The Big Pedal is the UK's largest inter-school cycling and scooting challenge that inspires pupils, staff and parents to choose two wheels for their journey to school.



Powered by Sustrans and funded by the Bike Hub, the 2015 competition will run from 2 to 20 March and is open to individual classes as well as whole schools.

On each day of the challenge schools compete to see who can record the greatest number of pupils, staff and parents cycling or scooting to school. The school's best 10 days will determine their final position, but they can log journeys on all 15 days if they wish.

We are surveying each class every day to see how many scooter or cycle journeys have been made. Only journeys by scooter and bike can count. We are recording our results on the Big Pedal website (<http://bigpedal.org.uk/>) to compare ourselves with other schools. There are 1684 schools taking part (that's 543,680 pupils taking part).

Pupils must wear a helmet on their scooter and bike journey to keep safe. We have spoken to all pupils about this at assembly last week.

Many thanks,

Anna and Shannon – P6 Junior Road Safety Officers

## ***Improvements to the school building***

As announced by Scottish Borders Council last week, spending has been approved to improve pupil toilets, dining room storage and windows on the rear elevation of the west wing of the school.

Initial plans include new toilets for younger pupils in the west wing of the school, and refurbishment of pupil toilets currently used by P5-7 pupils. Proposals also include a new storage area for canteen furniture replacement windows for the ground and first floors of the west wing of the school.

Once plans of the building proposals are available, these will be made available to the community for consultation.



## ***SSPCA Workshops***

On the 12<sup>th</sup> March, the SSPCA are visiting school to deliver a number of workshops to classes. The SSPCA is the school's chosen charity for this year. All church collections and Pupil Council fundraising efforts will be donated to the SSPCA.

**SCOTTISH SPCA**  
Scotland's Animal Welfare Charity

## ***Primary 1 and Primary 7 Dental Inspections***



Parents of Primary 1 and Primary 7 will already have received information from NHS about this year's dental inspections, to be held on 17<sup>th</sup> March 2015. Any parent who wishes to withdraw their child from the survey should send a letter to the school office before the inspection date.

## ***Staffing Update***

### **Primary 4 Class Teacher Vacancy**

On the 25<sup>th</sup> and 26<sup>th</sup> March, we will be interviewing candidates for the permanent class teacher vacancy, created by Mrs. Scott's impending retirement on Thursday 4<sup>th</sup> April 2015.

I will notify parents and pupils of the successful candidate as soon as is possible. It is hoped that the successful candidate will be in a position to start at the beginning of next term, Monday 20<sup>th</sup> April 2015.

### **0.4 Teaching Post (2 days per week)**

Mr Littlewood has been successful at interview and appointed to the 0.4 vacancy for the remainder of this school year. At the moment, Mr Littlewood will continue to teach Primary 4 Wednesday to Friday to cover Mrs. Scott's absence. Mr Trussler will teach Primary 4 on Mondays and Tuesdays.

## ***School Improvement Summary***

### **In February we have been...**

. ...developing our knowledge of SEEMIS database in order to produce pupil progress reports for the end of March

### **In March we will be...**

. ...using SEEMIS to report on pupil progress prior to Parent Evenings at the end of March.

## ***Chirnside Whizzkidz - Good News!***

After a few months of uncertainty about the future of our after school club, they have been awarded a large grant which secures their future until well into 2016. This is great news for parents, children and of course, our dedicated staff, Tracy and Sarah! The club is available 5 nights a week and can be used either on a regular basis or just for one-off bookings. Please phone 07950216858 for more details or to make a booking.

### ***2015 - The Year of Food and Drink***

The Year of Food and Drink Scotland 2015 is a Scottish Government initiative led in partnership by Event Scotland, Visit Scotland and Scotland Food & Drink.



The aim of Year of Food and Drink 2015 is to spotlight, celebrate and promote Scotland's natural larder and quality produce to our people and our visitors and in doing so, further develop Scotland's reputation as a Land of Food and Drink.

Food and drink is an important part of Scottish cultural identity and heritage and is a key strength in promoting Scotland as a holiday destination. For example, did you know that 49% of people visiting Scotland want to try local food and two-thirds of Scotland's visitors think that quality food is an important factor when deciding where to go on holiday?

The main objectives for the Food and Drink Year are:

- To increase contribution to the overall value of the sector from tourism and events
- To sustain and build upon the momentum generated by Homecoming Scotland 2014 in further developing Scotland's reputation as a Land of Food and Drink
- To increase use and promotion of Scottish produce across the tourism and events industry
- To increase level of satisfaction with food and drink amongst visitors to Scotland
- To increase level of satisfaction with food and drink amongst event attendees

To achieve these objectives, the school kitchen will be delivering a number of theme days. These are listed below for your information:

- January - Traditional Foods
- February - The Love of Food
- March - Delicious Meats proposed date 24th March
- April - Award Winning Food proposed date 28th April
- May - Water of Life (Highlighting the benefits of hydration and water) proposed date 19th May
- June - Scottish Berries & Fruits proposed date 23rd June
- August - Delicious Dairy - Yoghurts, milk and cheeses proposed date 25th August (We will try and create the biggest macaroni and cheese ever with schools taking part across the country.)

- September - Scottish School Cook of Year and best of Scottish Food proposed date 29th September
- October - Sustainable Shores proposed date 23rd October
- November - Hearty & Heart-warming (Super healthy soups, broths and stews) proposed date 17th November
- December - Grand Finale - Local Foods for Christmas proposed date 15th December

## **Comic Relief**

Primary 6 are planning a 'Fun Fundraising Friday' for Comic Relief on Friday 13<sup>th</sup> March.



**Friday 13 March**

From Monday 9<sup>th</sup> March, Red Noses will be on sale to pupils for £1. P6 will be visiting classes every day next week to sell Red Noses to pupils.

On Friday 13<sup>th</sup> March, pupil, parents and staff are invited to put their 'funny face' on and bring a donation to Comic Relief. P6 will collect donations from classes during the morning.

Also on Friday 13<sup>th</sup>, P6 will be taking a 'Comic Relief Assembly' where there will be a 'runway' for funny faces and prizes awarded for the funniest faces!

Put on your best, funniest face for next Friday and raise a smile and money for Comic Relief (and have lots of fun also!).

## **P5, P6 and P7 Photography**

Primary 5, 6 and 7 will be working with local



photographers Michael Barron, Alan Brown and Mark Kinghorn to explore photography as an art form this term.

The project is being run in



## **In the School**

### ***P4 and P5-7 Choirs***

At lunchtime for P4 on Tuesdays and P5-P7 on Thursdays with Mrs. Walker in the Community Room

### ***Scripture Union***

For P5 and P6 on a Wednesday at lunchtime in the Community Room

### ***P1-P4 Zumba***

On a Monday 3.20pm – 4.15pm in the school hall run by Active Schools. Contact Marianne O'Brien for more details ([mobrien@bslt.org.uk](mailto:mobrien@bslt.org.uk) or 07887471133).

### ***P6 Games Club***

With Mr Richards every Wednesday at 12.20 in the Library

### ***Running Club***

Every Wednesday 15.20 to 16.15. For more information, contact Leeann Ross or Chirside Chasers Running Club.

## **In the Community**

### ***Rainbows and Brownies***

Meet in the school on Mondays from 5.45pm

### ***Cubs***

Meet in the school on Wednesdays from 5.45pm

### ***Ladies Netball***

Meet in the school on a Thursday from 7.30pm

### ***Tina and Jackie's Drop In***

For parents and young ones. Meet from 9.00am every Monday in the Community Room.

### ***Toddlers***

For parents and young ones. Meet from 9.00am every Wednesday in the Community Room.

partnership with the David Hume Society (the world famous philosopher born in Chirnside, pictured below).



Pupils will be learning about photography as an art form and a few tricks of the trade from our partner photographers as part of a project called "What Do You See?"

Pupils are being encouraged to look at their surroundings from a different angle or view point than usual, and capture this experience digitally using whatever device they so wish.

Partner photographers will visit school week beginning 30<sup>th</sup> March to advise pupils on how to improve their photos before pupils submit their photographs for an exhibition to be held in school on Saturday 25<sup>th</sup> April as part of the David Hume celebrations.

### ***Parents Nights and Book Fair***

Appointment requests have been sent home for Parent Evenings to be held Monday 30<sup>th</sup> and Tuesday 31<sup>st</sup> March and Wednesday 1<sup>st</sup> April. Please return these appointment requests to school by Friday 6<sup>th</sup> March.

We are also looking for volunteers to help run the Book Fair on these evenings. If you can spare 30 minutes to do so on any of these evenings, please contact Mrs Gregory in the school office for further information.

### ***BURNS FINALISTS TO ATTEND BORDERS FINAL***

The winners of P4-P7 Burns Poetry Recitation Competition for this year will be travelling to the Borders Burns Festival on Thursday 18<sup>th</sup> March, held at Hawick Burns Club, Hawick.

India Sadler, Rebecca Richards, Sam Brady and Tammie Louise Hunter will travel with Mrs. Black to represent Chirnside Primary School at the event.

We wish them well and hope they enjoy their experience.

### ***EASTER ALIVE!***

Mark and Stuart from Berwickshire Christian Youth Trust will be visiting school on Monday 23<sup>rd</sup> March to deliver their dramatic presentation of the Easter Story.



Their presentation proves to be one of high drama as they retell the Easter Story through the experiences of the characters involved. They will be presenting their production to P4-P7 classes, before going on 'tour' around other Berwickshire schools.

## ***Parent Council***

The next meeting of the Parent Council is on Thursday 19<sup>th</sup> March at 7.30pm in the school. All parents most welcome to attend.

## ***Mr. Trussler's Tour de Lauder Challenge: Fundraising and Training Update***

Many thanks to everyone who has so kindly donated on line or by text or by sponsor sheet (in school office) towards my Chest Heart and Stroke Scotland fundraising challenge. So far, my total stands at £190. You can sponsor me by any one of the following methods:



1. **My 'Just Giving' page -**  
<https://www.justgiving.com/NATrussler/> or
2. Text **NATL** £*donation* to **70070** or
3. Complete my **sponsor form at the school office** and leave your donation.

### **Why am I doing this??**

In September 2014 I had a 'mini-stroke' in my left eye, causing a temporary loss of sight. Whilst I made a full recovery, it highlighted to me the vulnerability of stroke sufferers and the impact that this change in their health can have upon their lives and that of their families.

As a keen cyclist I thought it a good idea to set myself a goal for the start of the season (April 2015). 89 miles over a hilly (6143 feet ascent) route in the Borders sounded like a lot of fun and so I signed up for the **Tour de Lauder 2015**. If I was going to enjoy the adventure, I thought it only fair that others should benefit from my physical efforts and so decided to take the Chest Heart and Stroke Scotland fundraising challenge!

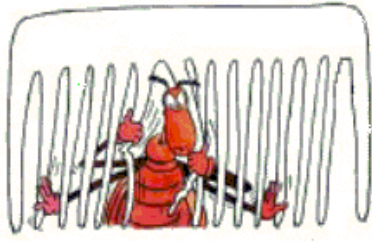
Stroke can affect anyone at any time. Please sponsor me on my cycling adventure and help the work of Chest Heart and Stroke Scotland support those in need.

VIDEO: My training update available here: <https://www.youtube.com/watch?v=065ibllIfY>

Many thanks in advance for your support.



Nick Trussler - Headteacher



# Head Lice

## Wet combing ('Bug Busting') technique

A good way to detect head lice & get rid of the lice if done regularly

- Wash the hair and then dry until damp with a towel
- Make sure there is good light. Daylight is best
- Untangle with a normal comb and then wet with conditioner
- Examine for nits and lice with a special head lice comb
- Begin at the root of the hair to the edge of the hair
- Work round in sections. This may take 15 minutes or longer to do properly
- After each stroke, look closely at the teeth of the comb for lice. If necessary use a tissue to wipe the conditioner off the comb and look for lice in it. Head lice are small insects, often not much bigger than a pin head, but can be the size of a sesame seed
- Stick a moving living louse to a piece of paper and cover with clear adhesive tape. Show this to the nurse, pharmacist or GP for confirmation and advice if you wish to use a chemical method to kill them
- Clean the comb under the tap. A nailbrush may help
- Do this every 3 days for two weeks if a louse is found



- Continue if live lice are still found after two weeks. Seek advice from local pharmacist, school/practice nurse, community nurse, health visitor or GP
- Report any infection to a school or playgroup
- It is not necessary to wash sheets or pillow cases



**NHS**  
Borders

Scottish  
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COUNCIL

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